ABOUT THE CONFERENCE

Dear Friends and Colleagues:

**Focus on the Future** is the largest and longest-running conference on problem gambling awareness in the Pacific Northwest. Launched in 2007, **Focus on the Future** brings together an incredible combination of compelling speakers – experts from across the country and around the world – and opportunities to network and learn from colleagues in the field. It is a place where you can exchange ideas, experiences, and knowledge to become a collective voice in raising awareness and developing programs and services that have the greatest positive impact.

Since 2012, Oregon Health Authority and Oregon Council on Problem Gambling have been key partners to bring **Focus on the Future** to Oregon and Southwest Washington. With their support, we have been able to expand our training opportunities. And, we are pleased to share that in 2020, we are expanding again. With the partnership and support of many Recovery Services organizations and agencies in the Northwest, we are offering our First **Northwest Recovery Symposium** in conjunction with **Focus on the Future** this year! Please see the schedule of workshops and events in this brochure. Thanks to the Washington Health Care Authority for the conference training and scholarship support.

Both the **Focus on the Future** Conference and **Recovery Symposium** will provide valuable insights on the tools and resources available for effective treatment, prevention, community engagement, and recovery services. Plus, you’ll have a prime opportunity to collaborate with and learn from some of the best in the field. You’ll no doubt leave with some new connections and partnerships that may lead to enhanced and innovative approaches toward assisting those who are affected by problem gambling and co-occurring disorders.

Thank you, to all of you who make such an important difference for those in our region who need support and services. We have much to look forward to as we **Focus on the Future** and all we can accomplish working together.

Warmly,

November 9-12, 2020

**CONFERENCE COORDINATOR**

Evergreen Council on Problem Gambling

Evergreen Council on Problem Gambling (ECPG) provides treatment, training, and awareness programs and services around problem and responsible gambling and gaming issues. We provide confidential support for those affected by gambling disorders through our 24-hour Problem Gambling Helpline by phone, text, or chat; and public awareness, education, prevention, and resource development services for individuals, families, employers, students, the gaming industry, and business and community groups. ECPG also provides training and certification programs and continuing education units (CEUs) for treatment professionals, recovery coaches, and casino and cardroom employees.

Gambling is a personal choice. And for the majority of residents in the Pacific Northwest, gambling is a source of fun, recreation, and entertainment. But for some, gambling can become a serious problem that leads to broken marriages and relationships, bankruptcy, depression, or even suicide. If you or someone you love struggles with a gambling problem, there is hope.

Help starts today by calling 800.547.6133
FOCUS ON THE FUTURE CONFERENCE PARTNERS

Oregon Health Authority
Helping people and communities achieve optimum physical, mental, and social well-being through partnerships, prevention, and access to quality, affordable health care is the mission of the Oregon Health Authority. Problem Gambling Services is part of OHA’s Health System Division. Oregon invests more than seven million dollars annually to reduce and/or prevent the negative effects of gambling.

Oregon Council on Problem Gambling
The Oregon Council on Problem Gambling was established in 1996 and has been an affiliate of the National Council on Problem Gambling since 1998. The Council’s purpose is to promote the health of Oregonians by supporting efforts to minimize gambling-related harm through research, education, and advocacy.

Washington State Health Care Authority – Division of Behavioral Health and Recovery
Washington State Health Care Authority (HCA) is committed to whole-person care, integrating physical health and behavioral health services for better results and healthier residents. HCA’s Problem Gambling program provides agency funding throughout the state to offer treatment services free of charge to individuals and families. HCA also funds training and prevention initiatives in collaboration with ECPG, including scholarship support for treatment providers, recovery coaches, students, and school counselors to attend ECPG conferences and trainings.

GENERAL INFORMATION

FOCUS ON THE FUTURE CONFERENCE and NW RECOVERY SYMPOSIUM REGISTRATION DEADLINES

• Early Bird registration deadline is October 7, 2020.
• On-site registration only after October 19, 2020. Please do not mail, e-mail, fax, or drop off registration after this date. Cash, check, or credit card will be accepted for on-site payment at the conference.

Fill out the attached registration form or visit http://focusonthefuture.evergreencpg.org to register.

PROFESSIONAL DEVELOPMENT OPPORTUNITIES

Full scholarship opportunities are available for Washington State treatment providers, students, professors, and peer/recovery coaches! There are a limited number of scholarships with preference going to those pursuing gambling counselor certification or Recovery Coach Professional certification. Scholarships include full registration fee, hotel stipend ($50 per night, up to three nights) booked in the ECPG Room Block at the Conference Hotel only, and Washington State Problem Gambling Certification application fee where applicable. Visit https://focusonthefuture.evergreencpg.org for details.

CONFERENCE HOTEL AND ACCOMMODATIONS

Red Lion Hotel on the River Jantzen Beach
909 N Hayden Island Drive
Portland, OR 97217
Reservations: 503.283.4466
www.redlion.com/red-lion-hotels/or/portland/red-lion-hotel-river-jantzen-beach

We have reserved a block of rooms for conference attendees at the Red Lion Hotel on the River at a very special rate. Request the Focus on the Future conference room rate of $119 + room tax per night by October 25, 2020; mention the Evergreen Council on Problem Gambling, or book online at https://book.passkey.com/go/ProblemGambling2020. Conference rates are offered to attendees based on availability. Room quantities are limited, so reserve your room early.

MEALS & DIRECTIONS

Breakfast and Lunch will be provided during the Focus on the Future pre-conference and main conference (Monday through Thursday), the NW Recovery Symposium (Monday/Tuesday), and the Recovery Coaching in the Emergency Department Training (Wednesday/Thursday). All other meals during the Focus on the Future conference, NW Recovery Symposium, and Recovery Coach Training are the responsibility of the conference participant. Driving directions will be included in your registration confirmation.

CONTINUING EDUCATION UNITS / HOURS / PROBLEM GAMBLING COUNSELOR CERTIFICATION

The Evergreen Council on Problem Gambling is an Approved Provider of Continuing Education by The Association for Addiction Professionals (NAADAC) and the National Council on Problem Gambling (NCPG). Our workshops have also been approved for continuing education by the Mental Health and Addiction Certification Board of Oregon (MHACBO), and the American Academy of Health Care Providers in the Addictive Disorders (AAHCPAD). Contact us with further questions.
**MONDAY, NOVEMBER 9**

- **7 - 8 am** | Registration and Breakfast
- **8 am - 5 pm** | Prevention/Education
  - Debra Darmata, MS and Anthony Fernandes, MA
  - Applied Suicide Intervention Skills Training (Part 1)
  - Space is limited – Pre-registration Required

- **8 am - Noon** | Clinical/Behavioral Health
  - Denise Quirk, MA, MFT, LCADC, CPGC-S, ICAC-III, BACC
  - Counseling Gambling Families Ethically in 2020

- **8 am - Noon** | Innovative Trends
  - Hilarie Cash, PhD, LMHC
  - It All Comes Together on the Internet: Video Gaming, Gambling, and Sex, with a Heavy Dose of Weed

- **Noon - 1 pm** | Lunch

- **1 - 5 pm** | Clinical/Behavioral Health
  - Jessica Cronce, PhD

**TUESDAY, NOVEMBER 10**

- **7 - 8 am** | Registration and Breakfast
- **8 am - 5 pm** | Prevention/Education
  - Debra Darmata, MS and Anthony Fernandes, MA
  - Applied Suicide Intervention Skills Training (Part 2)
  - Space is limited – Pre-registration Required

- **8 am - Noon** | Clinical/Behavioral Health
  - David Corse, LPC, ACS, CGAC-III, CADC-III
  - Gambling Brief Intervention and Referral to Treatment (GBIRT)
  - Train the Trainer

- **8 am - Noon** | Innovative Trends
  - Oblio Stroyman, M.Ed, QMHP, NCGC-II, BACC and River McKenzie, BA, QMHA
  - Gender Matters! Breaking Down Barriers to Treatment Across Lines of Sexuality and Gender

- **Noon - 1 pm** | Lunch

- **1 - 5 pm** | Prevention/Education
  - Francine Winters, CPS, RYT
  - From Data to Story: Using Data to Inform and Mold the Story You Want to Tell Your Community

- **1 - 5 pm** | Clinical/Behavioral Health
  - Brad Galvin, LMHC, CDP, NCGC-I
  - Connecting Body, Mind, and Spirit: A Self-care Tool for Yourself and Your Clients
WESTERN REGIONAL CONFERENCE ON PROBLEM GAMBLING AWARENESS
FOCUS ON THE FUTURE

MAIN CONFERENCE OVERVIEW

WEDNESDAY, NOVEMBER 11

Morning Keynote

Tim Fong, MD
Where the Problem Gambling Field is Headed in the Next Decade
(1.5 CEs)

Morning Breakout Sessions

- Bruce Liese, PhD, ABPP
  Group Cognitive-Behavioral Therapy (CBT) for Diverse Addictive Behaviors (1.5 CEs)
- Michael Goldman, CRADC, CEAP, LPC, PCGC
  Emotional Intelligence & Resiliency for People with Gambling Disorders (1.5 CEs)
- Julio Iñiguez, MA, CGAC-II, CADC-I, LMFT Intern and Alexia DeLeon, PhD
  Bridging the Gap for Latinx Communities Impacted by Gambling Through the Engagement Process (1.5 CEs)

Lunch Plenary

Bruce Liese, PhD, ABPP
What to Consider When CBT isn’t Working (1 CE)

Cognitive-Behavioral Therapy (CBT) is consistently referred to as “evidence-based” or “empirically supported.” However, even the most experienced and skillful cognitive-behavioral therapists understand from experience that CBT doesn’t always work. This presentation will focus on CBT processes and content in order to identify common (though often undetected) problems in the provision of CBT.

Afternoon Breakout Sessions

- Brett Abarbanel, PhD
  Tech-ing it to the Limit: Video Games, eSports, and Responsible Gambling (1.5 CEs)
- Craig Allen, MD, FASAM and Jennifer Chadukiewicz, RCP
  Buprenorphine for Medically Assisted Treatment and Recovery Coach Role (1.5 CEs)
- Francine Winters, CPS, RYT
  Breath and the Brain: An Experiential Sampler Toolkit (1.5 CEs)
- Panel - Janese Olalde, CADC-II, CGAC-II, Facilitator
  Strategies for Engagement and Retention of Diverse Problem Gamblers and Their Families (1.75 CEs)
- Prevention Showcase

THURSDAY, NOVEMBER 12

Morning Keynote

Good Morning, Portland!
Panel on Current Topics and Trends in the Field (1.5 CEs)

Morning Breakout Sessions

- Panel: Greta Coe, Jeff Marotta, PhD, ICGC-II, Joshua Highberger, and Dawnell Meyer
  Problem Gambling among Incarcerated Adults: New Research, New Challenges, New Solutions (1.5 CEs)
- Jody Bechtold, LCSW, ICGC-II, BACC
  Technology, Providers, and Gambling Treatment: Innovation Works! (1.5 CEs)
- Julio Iñiguez, MA, CGAC-II, CADC-I, LMFT Intern
  Trauma and Body in the Treatment of Gambling Disorder (1.5 CEs)

Lunch Plenary

Craig Anderson, PhD
Violent Video Effects on Players: Social and Antisocial Behavior, Attention, and Addiction (1 CE)

This presentation will examine what is currently known about the neurobiology of gambling and addictions and how that information may inform clinical approaches to problem gambling.

Afternoon Breakout Sessions

- Shane Kraus, PhD
  Gambling Problems among US Veterans: Clinical and Research Considerations (1.5 CEs)
- Francine Winters, CPS, RYT
  Media and Messaging with Youth: Teaching Youth How to Effectively Influence Others Using Positive Social Norming (1.5 CEs)
### WESTERN REGIONAL CONFERENCE ON PROBLEM GAMBLING AWARENESS
### FOCUS ON THE FUTURE

#### MAIN CONFERENCE AT-A-GLANCE

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Speaker(s)</th>
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<tbody>
<tr>
<td><strong>WEDNESDAY, NOVEMBER 11</strong></td>
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<tr>
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WESTERN REGIONAL CONFERENCE ON PROBLEM GAMBLING AWARENESS
FOCUS ON THE FUTURE
Northwest Recovery Symposium

REGISTRATION

Fill out the form below, or register online at https://focusonthefuture.evergreencpg.org. Early bird deadline is October 7. Regular deadline is October 19; after October 19, only non-discounted, on-site payment will be accepted.

REGISTRATION INFORMATION

Name: ____________________________
Credentials: _______________________
Position / Title: ____________________
Agency / Organization: ______________
Address: ____________________________
City: __________________ State: ______ Zip: ______
Day phone: __________________ Cell phone: ______
Email address: ________________________

ATTENDANCE OPTIONS & PRICING

<table>
<thead>
<tr>
<th>Event</th>
<th>Early Bird</th>
<th>Early Bird</th>
<th>ECPG Member</th>
<th>Non-Member</th>
<th>Student</th>
<th>On-site</th>
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<tr>
<td>Two-day NW Recovery Symposium (Nov 9-10)</td>
<td>$150</td>
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<td>Two-day NW Recovery Symposium AND Two-day Focus on the Future Main Conference</td>
<td>$250</td>
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<td>Two-day Focus on the Future Pre-Conference Workshops (Nov 9-10)</td>
<td>$125</td>
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<td>Focus on the Future Two-day Main Conference (Nov 11-12)</td>
<td>$170</td>
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<tr>
<td>Four-day Full (Pre-conference AND Main Conference Nov 9-12)</td>
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<td>Two-day Recovery Coaching in the Emergency Department Nov 11-12</td>
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Guest Meals (Breakfast and Lunch):
Adults @ $65/day:
Nov 9 $______ Nov 10 $______ Nov 11 $______ Nov 12 $______ TOTAL ENCLOSED: $_________

CANCELLATION POLICY: Refunds will be issued, less a $35 administrative fee, if received in writing by October 19, 2020. No refunds will be issued after that date.
- No refunds on Recovery Coaching training manuals.
- Students must provide proof of current enrollment.
- To become an ECPG member, fill out the application or visit www.evergreencpg.org/membership

DIETARY RESTRICTIONS and/or DISABILITIES

I have the following dietary restrictions: □ Gluten-Free □ Lactose-Intolerant □ Peanut Allergy □ Sugar-Free □ Vegan □ Vegetarian

I require the following under the Americans with Disabilities Act: ____________________________

PAYMENT METHOD

Payment Type: □ Visa® □ MasterCard® □ Check/Money Order
Cardholder’s Name: ____________________________
Check #: ____________________________ Money Order: ____________________________ Credit Card #: ____________________________
Expiration Date: __________ CSC #: __________

Please make checks payable to: Evergreen Council on Problem Gambling

Signature: ____________________________ Billing Zip Code: __________

REMIT PAYMENT TO:
Mail: Evergreen Council on Problem Gambling
1821 4th Avenue East | Olympia, WA 98506
Fax: 360.352.4133
www.evergreencpg.org

Questions? 360.352.6133
kbishop@evergreencpg.org
MEMBER INFORMATION

Name: ____________________________
Position / Title: ________________ Agency / Organization: ____________________________
Address: ____________________________
City: ____________________________ State: ________________ Zip: ____________________________
Day phone: ____________________________ Cell/Alternate phone: ____________________________
E-mail address: ____________________________

MEMBERSHIP OPTIONS

☐ $39 ECPG Membership—Special member discounted fees on quarterly trainings and conference registration (all offer CEUs), certification training workshops, quarterly newsletter, and member certificate.

☐ $79 ECPG & NCPG Individual Membership—Includes ECPG and NCPG Individual Membership with full National voting rights, 1-year subscription to NCPG newsletter, member certificate, bi-monthly subscription to Addiction Professional as well as discounts on literature and conferences. This is a special offer in conjunction with ECPG Membership—a $119 value! The cost of NCPG individual Membership alone is $80 when purchased directly. Save $40 through ECPG!

☐ $114 ECPG & NCPG Individual Plus Member—Includes full ECPG Membership plus all the benefits of NCPG Individual Member level, with the addition of a subscription to International Gambling Studies, a peer-reviewed interdisciplinary journal in gambling studies. This is a special offer in conjunction with ECPG Membership—a $164 value! The cost of NCPG Individual Plus Membership alone is $125 when purchased directly. Save $50 through ECPG!

PAYMENT

☐ Visa □ MasterCard □ Check/Money Order

Cardholder’s Name: ____________________________ Credit Card #: ____________________________
Check #: ____________________________ Money Order
Expiration Date: ____________________________ CSC #: ________________

Please make checks payable to: Evergreen Council on Problem Gambling
Billing Zip Code: ____________________________ (3 digits on back of card)

Signature: ____________________________

MEMBERSHIP OPTIONS

Facebook.com/EvergreenCPG
@EvergreenCPG
ECPGambling
### SYMPOSIUM AT-A-GLANCE

<table>
<thead>
<tr>
<th>MONDAY, NOVEMBER 9</th>
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<td>Breakout Glenn Osowski, ICGC-II, CPSS - Glenn’s Gamble: The Hope of Recovery Among Active Duty Military and Veterans</td>
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<td>Breakout Panel - GRACE in Recovery: Finding our Voice</td>
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<tr>
<td>Noon - 1:30 pm</td>
<td>Breakout Presenter TBD - TBD</td>
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<tr>
<td>1:30 - 3 pm</td>
<td>Lunch Plenary Jennifer Chadukiewicz, RCP - Successes, Challenges, and the Recovery Coach Role in the ER Department</td>
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<td>Breakout Amy Baumgardner - Screening, Brief Intervention, and Referral to Treatment</td>
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<td>Breakout David Coffey - How to Start a Recovery Café</td>
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<td>Breakout Washington Recovery Alliance and Oregon Recovers - Effective Advocacy for Recovery Services</td>
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<tr>
<td>3:15 - 4:45 pm</td>
<td>Plenary Dan Harmon and Pattie Marshall - Do Co-occurring Challenges and Multiple Definitions of Recovery Impact One’s Ability to Recover in Our Current Society?</td>
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| WEDNESDAY, NOVEMBER 11 – THURSDAY, NOVEMBER 12 |

**Vince Collins, MSW**  
**Recovery Coaching in the Emergency Department**

Emergency Departments now recognize that Recovery Coaches can make a difference in this high-paced setting by connecting those that are present in the ED to pathways of recovery that can be sustained in the long term.

Recovery Coaching continues to gain momentum throughout the country, and with good reason. Recovery Coaches can, and do, connect people to long term and sustained recovery. Because of this, more and more, coaches are being utilized in a variety of settings, including doctor’s offices, police stations, drug courts, treatment centers, and most notably, Emergency Departments. The need for skilled coaches who can easily adapt and work in a fast-paced ED setting is growing exponentially. This course prepares participants for the challenging and rewarding role of a Recovery Coaching in the Emergency Room. Note: Advance proof of completion of Recovery Coach Academy required to attend.
When the social and cultural needs of individuals, families, and communities are supported by understanding, empowerment, and enhanced knowledge, big changes can happen. Throughout the Pacific Northwest, big changes ARE happening. Thanks to members of the Recovery Community, Recovery Service Providers, and Recovery Advocates, we are proud to offer our First Northwest Recovery Symposium in conjunction with our Focus on the Future Conference.

With the theme of Forward-Focused Action, the Northwest Recovery Symposium brings together grass-roots organizations, community leaders, prevention and treatment providers, and strong, empowered voices of recovery to share those changes as we look to the future. Featured topics include Standing up to Stigma; The Hope of Recovery Among Active Duty Military and Veterans; Recovery Advocacy; Co-occurring Challenges and Multiple Definitions of Recovery; Untangling Limiting Beliefs; Recovery Services in Tribal Communities; Harm Reduction Pathways; and Self-Compassion and Self-Acceptance – and many more.

We hope these two days will be full days – and fulfilling days – of learning, sharing, networking, and building partnerships that will help you create Forward-Focused Action.

Welcome!

**MONDAY, NOVEMBER 9**

**Morning Keynote**

Jim Wuelfing, BA
Challenging the Controversies and Standing Up to the Stigma of Addiction and Recovery

More details to come.

**Morning Breakout Sessions**

- Glenn Osowski, ICGC-II, CPSS
  Glenn’s Gamble: The Hope of Recovery Among Active Duty Military and Veterans
- Panel
  GRACE in Recovery: Finding our Voice

**Lunch Plenary**

Jennifer Chadukiewicz, RC
Successes, Challenges, and the Recovery Coach Role in the ER Department

**Afternoon Breakout Sessions**

- Amy Baumgardner
  Screening, Brief Intervention, and Referral to Treatment
- David Coffey
  How to Start a Recovery Café
- Washington Recovery Alliance and Oregon Recovers
  Effective Advocacy for Recovery Services

**Afternoon Plenary**

Dan Harmon and Pattie Marshall
Do Co-occurring Challenges and Multiple Definitions of Recovery Impact One’s Ability to Recover in Our Current Society?

**TUESDAY, NOVEMBER 10**

**Morning Keynote**

Amy Baumgardner
The Shift: Impact and Innovations of Recovery

**Morning Breakout Sessions**

- Joshua Wallace, Georgia Butler, Cody West, Pattie Marshall
  The Peer Seattle Model
- David Dickinson
  SAMHSA Update on Recovery Support Services

**Lunch Plenary**

Stacy Charpentier, RCS, CPRS
The Recovery Coach Model: Where We’ve Been and Where We’re Headed

**Afternoon Breakout Sessions**

- Panel
  Recovery Services in Tribal Communities
- Cheryl Wilcox and OHA representative
  The State of Our States in Recovery Programs
- Jim Wuelfing, BA
  Recovery Coaching: A Harm Reduction Pathway
WESTERN REGIONAL CONFERENCE ON PROBLEM GAMBLING AWARENESS
FOCUS ON THE FUTURE | 2020 VISION
NOVEMBER 9-12, 2020 | PORTLAND, OR

Opportunity for 29+ Continuing Education Units (CEUs)/Hours

Featured Topics Include:
- ASIST (Applied Suicide Intervention Skills Training)
- Bridging the Gap for Latinx Communities
- Counseling Gambling Families Ethically in 2020
- Gambling Problems Among US Veterans
- Tech-ing it to the Limit: Video Games, eSports, and Responsible Gambling
- Trauma and Body in the Treatment of Gambling Disorder
- And so much more! See Conference-at-a-Glance inside...

NORTHWEST RECOVERY SYMPOSIUM
FORWARD-FOCUSED ACTION
NOVEMBER 9-10, 2020 | PORTLAND, OR

Join us for our FIRST NW Recovery Symposium with featured workshops for Recovery Service Providers, Recovery and Peer Coaches

Featured Topics include (see more inside):
- The Hope of Recovery Among Active Duty Military and Veterans
- Recovery Advocacy
- The Recovery Coach Model: Where We’ve Been and Where We’re Headed
- The Shift: Impact and Innovations of Recovery
- Self-compassion, Self-acceptance, and Stress Relief
- Recovery Coaches in the ER: Successes and Challenges
- NOTE: 2-Day Recovery Coaching in an Emergency Department Training will be offered November 11-12!

Thank you to our Conference Partners:

E V E R G R E E N
council on problem gambling
1821 4th Ave East
Olympia, WA 98506
www.evergreencpg.org

For more info & online registration, visit http://focusonthefuture.evergreencpg.org